


ELEM SCHOOL Pacing Guide | 2nd Step Curriculum + RULER + BPU/CPU Counseling Units + PBIS





**** This version implies that counseling lessons are in place of the regular second step instruction each week**





RULER Skills & TOOLS:  Charter  RULER Skills & Mood Meter  Meta-Moment  Blueprint

Week of		Kinder	1 st & 2 nd	3 rd	4 th & 5 th
Sept 6		PBIS Launch/Rodeo		PBIS Launch/Rodeo	
Sept 11		PBIS Launch – add Kinder		PBIS Launch – add Kinder	
Sept 18	Unit 1: Growth Mindset & Goal Setting	Unit 1: Lesson 1		Unit 1: Lesson 1	
Sept 25		Unit 1: Lesson 2		Unit 1: Lesson 2	
Oct 2		Unit 1: Lesson 3		Unit 1: Lesson 3	
Oct 9		Unit 1: Lesson 4		Unit 1: Lesson 4	
Oct 16		Unit 1: Lesson 5		Unit 1: Lesson 5	
				★ Counselor - **SEND** BPU Parent Letter ★ Admin – Provide Staff Meeting time about HIB Reporting	
Oct 23	Unit 2: Emotion Management	Unit 2: Lesson 1		Unit 2: Lesson 1	Lesson 1 - Recognize, Report, Refuse
Oct 30		Unit 2: Lesson 2		Unit 2: Lesson 2	Lesson 2 - Bystander Power
Nov 6		Unit 2: Lesson 3		Unit 2: Lesson 3	Lesson 3 - Bystander
Nov 13		No Second Step - <u>Conference Week</u> PBIS - Plan for short day transitions		No Second Step - <u>Conference Week</u> PBIS - Plan for short day transitions	
		Unit 2: Lesson 4		Unit 2: Lesson 4	Lesson 4 - Bystanders to Cyber Bullying
Nov 27		Unit 2: Lesson 5		Unit 2: Lesson 5	Unit 2: Lesson 1
Dec 4		PBIS Focus on community Revisit 2 nd Step concepts in areas of student struggle		PBIS Focus on community Lesson 1: Recognizing Bullying	
Dec 11		PBIS Celebration Revisit – Use Extension Activities in Second Step concept areas of student struggle		PBIS Celebration Lesson 2: Reporting Bullying	
		WINTER BREAK			
Jan 2			PBIS Re-teach Lessons ★ Counselor - **SEND** CPU Parent Letter (30 days prior) ★ Admin - Staff Meeting on CPS Reporting before lessons begin		PBIS Re-teach Lessons Lesson 3: Refusing Bullying
Jan 8	Unit 3: Empathy & Kindness	Unit 3: Lesson 1		Lesson 4: Bystander Power	Unit 2: Lesson 4
Jan 16		Unit 3: Lesson 2		Unit 2: Lesson 5	
Jan 22		Unit 3: Lesson 3		Unit 3: Lesson 1	
Jan 29		Unit 3: Lesson 4		Unit 3: Lesson 2	
Feb 5		Unit 3: Lesson 5 Lesson 1: Ways to Stay Safe		Unit 3: Lesson 3	
Feb 12	Unit 4: Problem Solving	Unit 3: Lesson 5		Unit 3: Lesson 4	
Feb 12		Lesson 2: The Always Ask First Rule	Unit 4: Lesson 1	Unit 3: Lesson 5	
Feb 21		Lesson 3: Safe and Unsafe Touches	Unit 4: Lesson 2	Unit 4: Lesson 1	
Feb 26		Lesson 4: The Touching Rule	Unit 4: Lesson 3	Unit 4: Lesson 2	
Mar 4		Lesson 5: Practicing Staying Safe	Unit 4: Lesson 4	Unit 4: Lesson 3	
Mar 11		Lesson 6: Reviewing Safety Skills	Unit 4: Lesson 5	Unit 4: Lesson 4	
Mar 18		Unit 4: Lesson 1	Lesson 1: Ways to Stay Safe	Unit 4: Lesson 5	
Mar 25		(Conference Week) PBIS SW Celebration before break (recommended)		(Conference Week) PBIS SW Celebration before break (recommended)	
		Spring Break			
Apr 8			Unit 4: Lesson 2	Lesson 2: The Always Ask First Rule	PBIS Lesson- Reteach review for SPRING
Apr 15		Unit 4: Lesson 3	Lesson 3: Safe and Unsafe Touches	No Lessons – Testing will Begin (Reinforce/Reteach as needed)	
Apr 22		Unit 4: Lesson 4	Lesson 4: The Touching Rule		
Apr 29		Unit 4: Lesson 5	Lesson 5: Practicing Staying Safe		
May 6			Lesson 6: Reviewing Safety Skills		

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Week of	Classroom Lessons			Counselor Lessons w/ Principal Timeline	
Sept 6	➤ PBIS Launch/Rodeo			★ Counselor - SEND BPU Parent Letter ★ Admin – Provide Staff Meeting Time about HIB Reporting	
Sept 11	➤ PBIS Launch – add Kinder				
Sept 18	Unit 1: Growth Mindset & Goal Setting	Unit 1: Lesson 1			
Sept 25		Unit 1: Lesson 2			
Oct 2		Unit 1: Lesson 3			
Oct 9		Unit 1: Lesson 4			
Oct 16		Unit 1: Lesson 5			
Oct 23	Unit 2: Emotion Management	Unit 2: Lesson 1		4 th / 5 th Grade	Lesson 1 - Recognize, Report, Refuse
Oct 30		Unit 2: Lesson 2			Lesson 2 - Bystander Power
Nov 6		Unit 2: Lesson 3			Lesson 3 - Bystander
Nov 13		No Second Step - Conference Week ----- PBIS - Plan for short day transitions			
Nov 20		Unit 2: Lesson 4		4 th 5 th	Lesson 4 - Bystanders to Cyber Bullying
Nov 27		Unit 2: Lesson 5			
Dec 4	➤ PBIS Focus on community ➤ Revisit Second Step concepts in areas of struggle			3 rd Grade	Lesson 1 - Recognizing Bullying
Dec 11	➤ PBIS SW Celebration (recommended)				Lesson 2 - Reporting Bullying
Winter BREAK					
Jan 2	➤ PBIS Re-teach Lessons			3 rd Grad	★ Counselor - SEND CPU Parent Letter ★ Admin - Staff Meeting about CPS Reporting (Jan) Lesson 3 - Refusing Bullying
Jan 8	Unit 3: Empathy & Kindness	Unit 3: Lesson 1			Lesson 4 - Bystander Power
Jan 16		Unit 3: Lesson 2			
Jan 22		Unit 3: Lesson 3			
Jan 29		Unit 3: Lesson 4		Kindergarten	Lesson 1 - Ways to Stay Safe
Feb 5		Unit 3: Lesson 5			Lesson 2 - The Always Ask First Rule
Feb 12	Unit 4: Problem Solving	Unit 4: Lesson 1			Lesson 3 - Safe and Unsafe Touches
Feb 21		No Second Step – Mid winter Break ➤ PBIS - Reinforce Routines			Lesson 4 - The Touching Rule
Feb 26		Unit 4: Lesson 2			Lesson 5 - Practicing Staying Safe
Mar 4		Unit 4: Lesson 3			Lesson 6 - Reviewing Safety Skills
Mar 11		Unit 4: Lesson 4		1 st / 2 nd Grade	Lesson 1 - Ways to Stay Safe
Mar 18		Unit 4: Lesson 5			Lesson 2 - The Always Ask First Rule
Mar 25	(Conference Week) PBIS SW Celebration before break (recommended)				Lesson 3 - Safe and Unsafe Touches
Spring Break					
Apr 8	PBIS Re-teach Lessons				Lesson 4 - The Touching Rule
Apr 15	➤ Reinforce Concepts throughout Testing Period ➤ Provide Support for student to manage emotions about testing, next grade level transitions, peer relations			1 st / 2 nd Grade	Lesson 5 - Practicing Staying Safe
Apr 22					Lesson 6 - Reviewing Safety Skills
May-Jun	➤ Provide Extensions or Re-Teach of Second Step as issues arise – Classroom Kits are helpful for reteaching or extension activities				